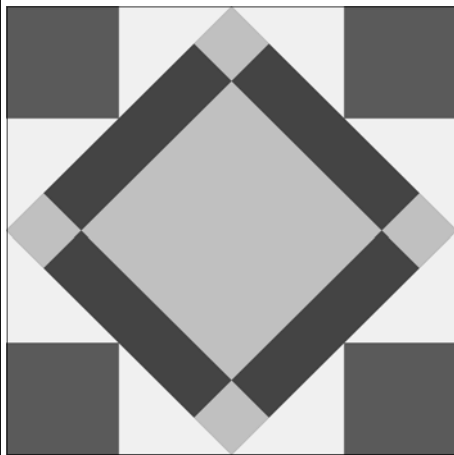



BIBLE STUDIES PATTERN SERIES



# 19 Psalms (Four Four Time)

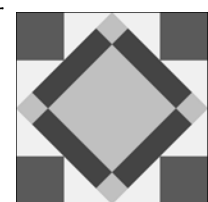
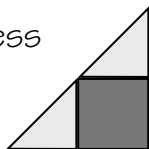
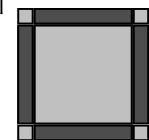


Pattern for 6" finished block — All seams are 1/4".  
Pressing directions are indicated.

Fabric needed for one block & Cutting instructions	
Dark #1	1/8 yard or scrap (4) 1-1/4"x3-3/8" rectangles
Dark #2	1/8 yard or scrap (4) 2" squares
Medium	1/8 yard or scrap (1) 3-3/8" square (4) 1-1/4" squares
Light	1/8 yard or scrap (4) 2-3/8" squares, cut once diagonally 

**Instructions:**

1. Begin by stitching Dark #1 rectangles to each side of the large Medium square as shown. Press toward the Dark rectangles.
2. Stitch (2) Medium small squares to each side of remaining Dark #1 rectangles as shown. Press toward the Dark rectangles. Make (2) units.
3. Stitch the units from Step 2 to the top and bottom from the unit from Step 1 as shown. Press toward the outside.
4. Stitch (2) Light triangles to the sides of a Dark #2 square as shown, matching the right angles of the triangles to the right angle of the square. The points of the triangles will overlap approximately 3/8". Press toward the Light triangles. Trim dog ears. Make (4) units.
5. Stitch the units from Step 4 to each side of the center unit from Step 3, matching centers. The points of the triangle unit will overlap the center square approximately 3/8". Press to the outside. Trim dog ears.



*The Psalter is the hymnal of ancient Israel, compiled for older collections of lyrics used in the temple of Zerubbabel. Most of the psalms were probably composed to accompany acts of worship in the temple. I chose Four Four Time to represent the book of Psalms, because it was one of the few historic blocks that has a musical name.*

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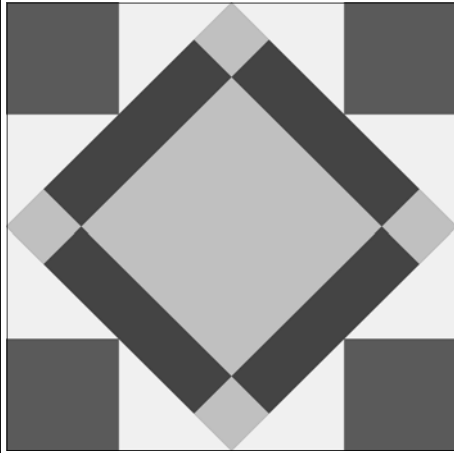
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BIBLE STUDIES PATTERN SERIES

# 19 Psalms (Four Four Time)



This is Block 19 of a 73 block series representing the 39 books of the Old Testament, 7 books of the Apocrypha, and 27 books of the New Testament. I chose to name the blocks after books of the Bible as a testament to my faith. I call the finished quilt "Bible Studies." Whether Catholic or Protestant, I hope each block will have a special meaning to the quilt maker. For me, reviewing the books of the Bible recalled many of my favorite bible stories and passages. I include a bit of Bible history for each block. I have used, as a reference, the New Oxford Annotated

Bible with the Apocrypha, Revised Standard Version, 1977, an Ecumenical Study Bible.

*The book of Psalms reflects many aspects of the religious experience of Israel. Its spiritual depth and beauty have made it from earliest times a treasury of resources for public and private devotion. Psalm 23, "The Lord is my shepherd..." is probably the most frequently repeated psalm.*

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